

# What keeps the World Together?

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*From Christl Meyer*

**Sure – it is the Truth and the Good, but not the adaption by any price.**

In this world of different groups of interest, many people have lost the true values. We replace them by submissiveness and blind faith in the infallibility of authorities as well as by abandonment of our Self, which reflects always only a facet of the others and has no certainty of its freedom.

In a world of variety each human is unique and will never contribute to a successful outcome of the integrated whole by denying of his special own identity.

The winding of itself, being forced by others, lying, deceiving and the missing candour lead to inner discord, which spreads like a disease in society. Where pretending has become a second nature, the world will not heal.

It is necessary to live truth, sincerity, humanity and endeavour but not its surrogates. The time, some people spend for insincere actions is lost time for the whole. This has to be recognized first! Colours are nature and happiness but not signals, which can replace a real and profound communication. How many misunderstandings and sorrows have been caused by symbols, where a true word would have been the simpler and more effective solution?

Why are we content by using symbols and plagiarism, when openness could reach more positive? Why do we talk ABOUT other persons instead of talking WITH them? Who gives us the right to abuse other people for our own games? Not everyone wants to take part; the free decision has to be respected. Why don't we respect the life plan of the others? Why should it be difficult to understand that my fellow human being also wants to be happy? Does happiness increase by accumulation of money? Do I need power over people if I do not have power over myself?

Our basis is implemented by the Human Rights. This includes that I am free to express my arguments and thoughts and that I am not exposed to suppression, repression, threats for body, life, psyche or soul.

Do good things pervert to bad when they increase? In our society the sorrows of the ones should not become the basis for life of the others!

Charity and Humanity should decrease the grief, but not generate it for own survival.

No self-justice can be tolerated in a parallel world, creating its own laws by heightening themselves over other persons as arbitrator over creation or evolution! World day for women is also world day for humans! We are all responsible for preventing suffering that is caused by humans. We are not able to understand everything, but all religions know something called the "Golden Rule". Humans as part of it deserve together with nature a respectful treatment. Life has not been totally studied; we should not disturb it by our actions!

For practical achievement I believe that our spirit and mind who have reduced the work for our bodies by the creativity of techniques and has lead to more productiveness and efficiency in some parts of the world, has now to manage a new mission: We do not need more work for each person but a reduction of hours for a full job, which enables the human being to live a

life in dignity. We need the free time for spending with family, friends, for ourselves and for reflection and creativity as well as for contemplation. Education, politics and culture as well as participation in other fields promote us to become what we pretend to be since long times: The Homo sapiens.

We have to diminish the injustice which we created our selves by egoism, ignorance and lack of knowledge. This might take long time but we have to start now!

Let us not forget, that the first months and years of life are very important and determining, especially concerning self-confidence and inner values. The person that does not estimate himself valuable is not pleasant for its counterpart. Those that did never FEEL love are not able to give it to others.

We do not want a society that is based on distrust and falseness as well as envy, greed, hatred and play of power.

Freedom and awareness, responsibility and sensitivity are some of the values which we should promote together. We don't need a prolongation of the old methods, which are not able to reveal their efficacy in a good future

If you want preservation you have to do a change. The concern is more on mental and spiritual dimensions, depending on the very special human being. Words are constructions, as everyone has different thoughts and feelings.

May be I have mentioned things that you liked or may be there are differences! By the freedom of speech and by free press, which is guaranteed for citizens in Democracy, the possibility exists to voice one's opinion. Let us be positive examples for those people, who are at the point of departure longing for democracy, by actualizing the Human Rights in beginning to "clean up" with our selves.

We have the power to damage the planet and mankind but we are not allowed to do everything that can be done technically. In an educated world (education as an all-embracing concept), in which hope for the human being and for the whole planet is included, the development goes into a sustainable direction. It might take more time if we discard the "old recipes" but the outcome will be more stable, because the system was not impinged on people. It is not possible to withhold freedom from mankind people will always stand up for it!

Sincerely with kind regards,

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**About the author:** Christl Meyer is a Biologist and gives lectures concerning the immune system and psyche or prevention and early diagnosis in community colleges.